

Additional Resources

American Red Cross

The Red Cross offers many services to military Families. Armed Forces Emergency Services can help you reach your family in times of emergency 24/7, 365/year at (877) 272-7337.

www.redcross.org.

Integrated Behavioral Health System

The NCNG Integrated Behavioral Health System (IBHS) is dedicated to helping NCNG Service Members and their Families by assessing for immediate behavioral health needs on a 24/7 basis.

Stephanie W. Nissen, NCC, LMHC, LPC
Integrated Behavioral Health Programs Director
(855) 322-3848

DEERS/ID Cards

Make sure your address and other pertinent information is updated in DEERS. www.tricare.osd.mil/deers (800) 538-9552. To locate an ID Card Facility, visit: <http://nc.ng.mil/services/Pages/ID-Cards-and-DEERS>

ESGR

National Committee for Employer Support of the Guard and Reserve (NCESGR) at (800) 336-4590 or visit them at www.esgr.org.

Military OneSource

Military OneSource is here to help you with just about any need, by phone or online. This includes non-medical counseling (face to face, telephonic or online sessions) as well as personal financial counseling (telephonic or online sessions). Please visit www.militaryonesource.mil or call (800) 342-9647 for a list of all services provided.

Education Services Office

(984) 664-6272

Employment Services

(984) 664-6463

Register for services at www.ncngemploymentcenter.com

Legal Assistance Program

Confidential advice and assistance. (984) 664-6220

Tricare

www.tricare-east.com, (800) 444-5445

Vet Centers (VA)

Vet Centers provide a broad range of counseling, outreach and referral services for combat Veterans and their families.

www.vetcenter.va.gov

Charlotte Vet Center, (704) 549-8025
Fayetteville Vet Center, (910) 488-6252
Greensboro Vet Center, (336) 323-2660
Greenville Vet Center, (252) 355-7920
Jacksonville Vet Center, (910) 577-1100
Raleigh Vet Center, (919) 361-6419

North Carolina National Guard Family Programs

Quick Reference Guide



"Guarding Families on the
Homefront"

Visit Us Online

<http://nc.ng.mil/services/familyprograms>



NCNGFP



@ncngfamilyprograms



@ncngfamily

State Family Program Contacts

MAJ Michelle Pruitt, State Family Program Director - JFHQ
(984) 664-6324 michelle.l.pruitt13.mil@mail.mil

SPC Mitchell Berg, Family Program Assistant - JFHQ
(984) 664-6088 mitchell.a.berg.mil@mail.mil

George Lane, Lead Soldier & Family Readiness Specialist –
JFHQ 984-664-6935, george.w.lane2.civ@mail.mil

Terry Henderson, Airman & Family Readiness Program Manager
(704)-398-4949/ terry.henderson.3@us.af.mil

State Child & Youth Program

Kristi Wagner, Lead Child & Youth Program Coordinator -JFHQ
(984) 661-4761, kristi.L.wagner4.ctr@mail.mil

Amanda Kohl, Child & Youth Program Coordinator – Charlotte
(984)664-6676, Amanda.KohlCYS@gmail.com

Carla Esworthy, Child & Youth Program Specialist - JFHQ
(984) 664-6082, carla.v.esworthy.ctr@mail.mil

Personal Financial Counselors

Winston Salem - Greensboro

Wes Armstrong, PFC6.NC.NG@zeiders.com, (336) 420-2180

Charlotte

Michael Fines, PFC1.NC.NG@zeiders.com, (909) 601-2762

Wilmington

Steve Brady, PFC2.NC.NG@zeiders.com, (910) 612-3832

Family Programs Outreach Coordinator

Pajtesa Bethea, pajtesa.jetullahu-bethea.nfg@mail.mil
(984) 664-6721

Transition Assistance

Mr. Andrew Jackson, (984) 664-6573, Andrew.I.jackson8.ctr@mail.mil

Yellow Ribbon Program

SFC Ken Martinsen, (984) 664-6818, kenneth.p.martinsen.mil@mail.mil

Sexual Assault Prevention Program

SFC Kiila Patterson (984) 664-6909, kiila.m.patterson2.mil@mail.mil

State Resilience Coordinator

SFC Hannah Eckard, (984) 664-7686, hannah.g.eckerd.mil@mail.mil

Vacant, (984) 664-6124,

Suicide Prevention Program Manager

David Johnson, (984) 664-6376, David.f.johnson127.ctr@mail.mil

Casualty Operations

1SG Robert Shook, 984-664-6363, robert.t.shook.mil@mail.mil

Survivor Outreach Services

Edna Buchan, (984) 664-6724, edna.e.buchan.ctr@mail.mil

Malcolm Calhoun, (984) 661-7108, malcolm.w.calhoun.ctr@mail.mil

Soldier & Family Readiness Specialist

Charlotte Family Readiness Center

4240 West Blvd., Charlotte, NC 28208

Chris House, christopher.l.house.civ@mail.mil (984) 661-4548

Joel Dalton, joel.d.dalton.civ@mail.mil (984) 661-4547

Sheree Spencer, shanequa.s.spencer.civ@mail.mil 984-661-4573

East Flat Rock Family Readiness Center

2025 Spartanburg Hwy, East Flat Rock, NC 28726

Lana Greer, ana.m.greer.civ@mail.mil (984) 661-0565

Greensboro Family Readiness Center

110 Franklin Blvd Greensboro, NC 27401

Chassidy Hepler, chassidy.d.hepler.ctr@mail.mil, (984) 661-5649

Cherri Mason, cherri.mason.civ@mail.mil (984) 661-5620

Greenville Family Readiness Center

1401 N. Memorial Dr. Greenville, NC 27834

Leigh Ann Murray, leigh.t.murray.nfg@mail.mil (984)-661-1150

Nathaniel Parker, nathaniel.w.parker.civ@mail.mil

(984) 661-1151

Goldsboro Family Readiness Center

700 US HWY 117 S. Bypass, Goldsboro, 27530

Gerald Murray, gerald.t.murray.civ@mail.mil (984) 661-5423,

JFHQ Family Readiness Center

1636 Gold Star Dr., Raleigh, 27607

Chris Fessey, christopher.j.fessey.civ@mail.mil (984) 664-6078

Merritt Latham merritt.s.latham.civ@mail.mil (984) 664-7100

Lenoir Family Readiness Center

1535 Beecher Anderson Rd. Lenoir, NC 28645

Frances Johnson, frances.r.johnson28.ctr@mail.mil,

(984) 661-1242

Dedrick Henderson, dedrick.s.henderson.civ@mail.mil

984-661-1243

Morrisville Family Readiness Center

2050 National Guard Dr. Morrisville, NC 27560

David Kovach, david.p.kovach2.civ@mail.mil (984) 661-6377

Southern Pines Family Readiness Center

510 W. Morganton Rd., 28387

James Notine, james.m.notine.civ@mail.mil (984) 661-2863

Wilmington Family Readiness Center (Temporary Location)

Bldg 134, 116 Air Force Way, Kure Beach, NC 28449

Jim Marley, james.e.marley.civ@mail.mil, (984) 661-6918